

NORTH WEST LONDON Y.A. CC. LEAGUE FIXTURE HELD AT PERIVALE
Saturday 26TH September 2015

U/11 Girls 1200 metres

50	1	M. Elwood.	Cook	5.45	TEAMS	
48	2	O. Edwards	DAC Tr	5.48		
47	3	A. Weightman	Sh B	5.53	1	Cookham 'A' 14
46	4	R. Keohane	T Pk	6.00	2	Cookham 'B' 28
45	5	E. O'Goan	Hrw	6.07	3	Harrow 40
44	6	C. Terry	Cook	6.09	4	Trent Park 'A' 41
43	7	E. Roberts	Cook	6.11	5	Cookham 'C' 47
42	8	A. Taylor	Cook	6.14	6	Highgate 'A' 60
41	9	J. Ridley	Cook	6.16	7	Shaftesbury Bar 67
40	10	L. Dafter	TVH	6.17	8	Barnet & Dist 74
39	11	B. McCafferty	Cook	6.28	9	London Hthside 78
38	12	E. Lancaster	Cook	6.33	10	TVH 81
37	13	A. Murphy	Bar	6.40	11	Dacorum & Tring 90
36	14	S. Thompson	Hig	6.42	12	Trent Park 'B' 98
35	15	P. Allwright	T Pk	6.42	13	Highgate 'B' 100
34	16	G. Adeoye-Showole	Hrw	6.43	14	Ealing Sthl. Mdx 115
33	17	R. Moss	Cook	6.45		
32	18	I. Spencer	Cook	6.49		
31	19	H. Andrews	Hrw	6.50		
30	20	E. McLuskey	Bar	6.50		
29	21	A. Chapman	Hig	6.58		
28	22	M. Keohane	T Pk	6.58		
27	23	L. Rachel	Sh B	7.05		
26	24	H. Graham	LH	7.06		
25	25	K. Bailey	Hig	7.11		
24	26	I. Nyarko	LH	7.12		
23	27	G. Bocchetti	T Pk	7.13		
22	28	A. Reed	L H	7.15		
21	29	F. Weston	L H	7.16		
20	30	C. Rousset	TVH	7.19		
19	31	J. Lumineau	Hig	7.21		
18	32	S. Zilbeth	Hrw	7.24		
17	33	L. Cresto-Dina	Hig	7.25		
16	34	R. Richardson	T Pk	7.27		
15	35	A. Canniff	ESM	7.31		
14	36	S. Cresto-Dina	Hig	7.37		
13	37	F. Bocchetti	T Pk	7.38		
12	38	E. Dagger	T Pk	7.57		
11	39	E. Innes	ESM	8.25		
10	40	I. Phipps	Cook	9.14		

U/13 GIRLS – 1600 metres

50	1	A. White	TVH	6.56
48	2	E. Gilmore	Hig	7.04
47	3	S. Allen	Sh B	7.08
46	4	P. Pourpart-Lafarge	TVH	7.25
45	5	I. Millet	Hig	7.33
44	6	S. Andrews	Hrw	7.37
43	7	R. Garrett	L H	7.37
42	8	J. Moore	Bar	7.37
41	9	A. Zilbeti	Bar	7.38
40	10	C. Cooney-Quinn	TVH	7.39
39	11	M. Duer	TVH	7.43
38	12	E. Hathaway	T Pk	7.44
37	13	I. D'Amico	Hrw	7.47
36	14	J. Hoar	Dac Tr	7.48
35	15	M. Heath	L H	7.49
34	16	E. Hartley	Hig	7.51
33	17	F. Coutts	ESM	7.53
32	18	O. Colegrave	TVH	7.56
31	19	E. Donald	Hig	7.57
30	20	Z. Allanson	Cook	7.59
29	21	I. Parker	Bar	8.01
28	22	E. Rachel	Sh B	8.04
27	23	D. Moore	Dac Tr	8.05
26	24	O. Cassidy	Dac Tr	8.06
25	25	P. Thomas-Bocking	Bar	8.17
24	26	E. Herzog	Hig	8.17
23	27	K. Nyarko	L H	8.27
22	28	I. Brand	T Pk	8.30
21	29	H. May	Bar	8.33
20	30	E. Turnbull	TVH	8.34
19	31	S. Pandurbias	TVH	8.36
18	32	C. Rousset	TVH	8.36
17	33	F. Mace-Horan	Hig	8.47
16	34	E. Murphy	Bar	9.38
15	35	E. Dawson	Cook	9.52

TEAMS

1	TVH	15	7	Dacorum & Tring	61
2	Highgate Hrs 'A'	23	8	Shaftesbury Barnet	61
3	Harrow	28	9	Trent Park	76
4	London Heathside	49	10	Ealing Sthl. Mdx	89
5	Barnet & District	54	11	Cookham	91
6	TVH 'B'				

GIRLS U/15 - 2200 metres

50	1	P. Littler	Hig	8.46
48	2	J. Chadwick	Sh B	8.49
47	3	L. O'Brien	ESM	8.51
46	4	S. Kent	Sh B	8.52
45	5	S. Fear	Hig	8.54
44	6	L. Kyriacou	Sh B	8.56
43	7	R. Barkle	TVH	9.04
42	8	M. Perry	Dac Tr	9.05
41	9	M. Groom	Sh B	9.11
40	10	C. Di Borogicci	Hig	9.19
39	11	M. Naylor	L H	9.22
38	12	B. Hargreaves	T Pk	9.29
37	13	I. Patel	Dac Tr	9.30
36	14	C. Thomas	ESM	9.35
35	15	G. Harper	Sh B	9.49
34	16	A. Ibrahim	ESM	9.51
33	17	M. Chapman	Hig	9.52
32	18	B. Murray	Cook	9.57
31	19	S. Tremlett	Hwr	10.00
30	20	M. Hornett	T Pk	10.07
29	21	Z. Crown	ESM	10.09
28	22	T. Das	Hrw	10.20
27	23	I. Shaw	Cook	10.29
26	24	R. Allwright	T Pk	10.29
25	25	M. Alexander	T. Pk	10.29
24	26	K. Barkshire	Hrw	10.33
23	27	L. Rachel	Sh B	10.37
22	28	A N Other	L H	10.56
21	29	H. Knight	Dac Tr	10.58

TEAMS

1	Shaftesbury Bar	12
2	Highgate	16
3	Ealing Sthl. Mdx	33
4	Dacorum & Tring	50
5	Shaftesbury Bar 'B'	51
6	Trent Park	56
7	Harrow	67
8	TVH	67
9	London Heathside	69
10	Cookham	71

UNDER 17 WOMEN – 3000 metres

50	1	G. Kyriacou	Sh B	14.00
48	2	J. Hurley	Sh B	14.57
47	3	L. Stewart	ESM	14.57
46	4	R. Vallance	TVH	15.36
45	5	G. Birdseye	Dac Tr	15.43
44	6	R. Andreou	Sh B	15.56
43	7	M. Briscoe	Hig	16.02
42	8	E. Biggs	TVH	16.28
41	9	R. Haddow	Hrw	16.33
40	10	R. Lynch	ESM	16.40
39	11	M. Hopping	Bar	17.33
38	12	A. McGrath	Hrw	20.17

TEAMS

1	Shaftesbury Barnet	9
2	TVH	25
3	Ealing, Sthl. Mdx	26
4	Dacorum & Tring	31
5	Highgate	33
6	Harrow	34
7	Barnet & District	37

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BOYS UNDER 11 – 1600 metres

50	1	S. Greenstein	Sh B	6.50	TEAMS		
48	2	A. Turner	TVH	6.53	1	Highgate 'A'	40
47	3	N. Douglas	T Pk	6.57	2	Cookham	50
46	4	A. Hamud	Hil	7.00	3	TVH	67
45	5	H. Johnston	Cook	7.02	4	Trent Park	69
44	6	J. Hopkins	Hig	7.03	5	Highgate 'B'	80
43	7	F. Combe	ESM	7.17	6	Shaftesbury Bar	89
42	8	J. Barley	Hig	7.19	7	Harrow	115
41	9	A. Reed	L H	7.20	8	Ealing, Sthl. Mdx	118
40	10	L. Monsell	Hrw	7.23	9	Hillingdon	124
39	11	D. Paine	T Pk	7.25	10	London Hthside	129
38	12	E. Baddiel-Banks	Hig	7.28	11	Barnet & Dist	146
37	13	J. Dilley	Cook	7.30			
36	14	C. Hopkins	Hig	7.31			
35	15	A. Dourish	Cook	7.36			
34	16	B. Chesworth	Hig	7.36			
33	17	H. Johnston	Cook	7.38			
32	18	T. Kabiri	Hig	7.42			
31	19	B. Moon	TVH	7.42			
30	20	T. Pincemin	Hig	7.43			
29	21	T. Edwards	Sh B	7.46			
28	22	C. Rollo	TVH	7.47			
27	23	C. Allen	Sh B	7.48			
26	24	O. Huber	TVH	7.49			
25	25	K. Larson-Amartefio	Hrw	7.50			
24	26	L. Bailey	Hig	7.54			
23	27	R. Freeman	T Pk	8.05			
22	28	A. Thomas Bocking	Bar	8.05			
21	29	L. Bocchetti	T Pk	8.07			
20	30	T. Berger	T Pk	8.07			
19	31	M. Lamagna	ESM	8.26			
18	32	T. Fothergill	T Pk	8.29			
17	33	T. Lumineau	Hig	8.32			
16	34	C. Lowe	Cook	8.34			
15	35	L. Spaccatrosi	Hig	8.36			
14	36	R. Watson	Hig	8.41			
13	37	S. Steel	T Pk	8.54			
12	38	N. Clarke	Bar	9.14			
11	39	M. Sneltham	Cook	9.15			

BOYS UNDER 13 – 2200 metres

50	1	L. Hunt	Hrw	8.13
48	2	L. Stubbs	St A Sch	8.14
47	3	M. Armstrong	Dac Tr	8.30
46	4	D. Michel	Sh B	8.31
45	5	R. McGonagle	L H	8.34
44	6	M. Watson	Hig	8.47
43	7	M. Crow	Hrw	8.49
42	8	E. Lowe	Cook	8.51
41	9	B. Taylor	Cook	8.53
40	10	L. Weinbrecht	Hig	8.53
39	11	B. Rock	TVH	9.05
38	12	O. Gallagher	Hig	9.10
37	13	F. Sleman	Hig	9.12
36	14	H. Sheppard	TVH	9.13
35	15	T. Ashton	Dac Tr	9.18
34	16	M. Woolf	T Pk	9.18
33	17	I. Hughes	Cook	9.19
32	18	J. Steel	T Pk	9.19
31	19	A.N. Other	Enf Har	9.21
30	20	A. Bate	Cook	9.21
29	21	M. Lamagna	ESM	9.29
28	22	F. Reed	Hig	9.31
27	23	S. Marks	Hig	9.33
26	24	B. Woolf	T Pk	9.33
25	25	M. Kouwiloyan	ESM	9.34
24	26	A. Lyrides	T Pk	9.34
23	27	C. Hudson	Har	9.35
22	28	J. Lewry	Hrw	9.36
21	29	M. Muralitheran	Hrw	9.36
20	30	D. Anderson	St Alb Sch	9.38
19	31	M. Hersi	ESM	9.38
18	32	F. Gavin-Plume	T Pk	9.39
17	33	A. Brennan	T Pk	9.46
16	34	J. Street	T Pk	9.48
15	35	E. Gaskin	T Pk	9.51
14	36	Q. McGrath	Hrw	9.54
13	37	W. Dajani	St Alb Sch	9.57
12	38	H. Massey	L H	10.01
11	39	W. Fradgley	TVH	10.02
10	40	C. Charles	Cook	10.04
9	41	N. Hersi	ESM	10.07
8	42	E. Peacock	St Alb Sch	10.17
7	43	J. Gunn	TVH	10.25
6	44	H. Bennett	Cook	10.28
5	45	J. Ross-Brown	Bar	10.47
4	46	O. O'Connor	L H	10.54
3	47	A. Rosewarm	Hrw	10.54
2	48	J. Morgan	Sh B	10.57

TEAMS

1	Highgate	41
2	Cookham	54
3	Harrow	63
4	Trent Park	84
5	London Heathside	89
6	TVH	107
7	St Albans School	111
8	Dacorum & Tring	116
9	Ealing, Sthl. Mdx	118
10	Trent Park 'B'	134
11	Shaftesbury Barnet	150
12	Enfield & Haringey	167
13	Barnet & Dist	192

UNDER 15 BOYS - 4000 metres

50	1	J. Harper	Sh B	12.20
48	2	F. Harvey	Sh B	12.41
47	3	K. Imroth	Dac Tr	12.53
46	4	H. Turner	Cook	13.04
45	5	S. March	Cook	13.13
44	6	S. Brice	St Alb Sch	13.14
43	7	F. Sturrock	T Pk	13.26
42	8	J. Ayres	Dac Tr	13.36
41	9	J. Avenell	St Alb Sch	13.37
40	10	S. Lewis	Cook	13.38
39	11	D. Greenstein	Sh B	13.42
38	12	O. McGahon	T Pk	13.45
37	13	C. Mestchian	St Alb Sch	13.45
36	14	B. Curtis	St Alb Sch	13.45
35	15	I. Iman	ESM	13.58
34	16	N. Duer	TVH	13.59
33	17	A. Gambrill	Cook	14.00
32	18	A.N. Other 163	ESM	14.05
31	19	A. Bessadi	L H	14.11
30	20	E. McArdle	T Pk	14.15
29	21	S. Jarman	St Alb Sch	14.16
28	22	N. Tadesse	Sh B	14.16
27	23	S. Khanna	Hrw	14.34
26	24	J. Martin	ESM	14.39
25	25	C. Morris	Hrw	14.42
24	26	A.N.Other 150	ESM	14.46
23	27	G. Bazzarelli	LH	14.49
22	28	G. Acosta	T Pk	14.51
21	29	S. Hersi	ESM	15.08
20	30	D. Lamagna	ESM	15.20
19	31	G. Mangan	St Alb Sch	15.27
18	32	W. Douglas	T Pk	15.30
17	33	L. Burford	Dac Tr	15.56
16	34	J. Street	T Pk	16.20
15	35	A. Rowlands	Hrw	16.30
14	36	J. Weightman	T Pk	16.49
13	37	D. Kaddam	Hrw	ntt

TEAMS

1	Cookham	36
2	Shaftesbury Bar	36
3	St Albans School	42
4	Trent Park	67
5	Dacorum & Tring	82
6	Ealing, Sthl Mdx	83
7	Harrow	120
8	London Heathside	122
9	TVH	130

UNDER 17 MEN – 4700 metres

50	1	J. Fielding	ESM	15.15
48	2	T. McArdle	T Pk	15.46
47	3	W. McArdle	T Pk	15.53
46	4	R. Rowlands	Dac Tr	15.58
45	5	L. Adar	ESM	16.16
44	6	O. Douglas	T Pk	16.25
43	7	R. Simmons-Perez	T Pk	16.44
42	8	J. Martin-Hillyer	T Pk	16.51
41	9	T. Mills	T Pk	16.59
40	10	L. Gray	L H	17.18
39	11	O. Greenstein	Sh B	17.19
38	12	A. Sungtang	ESM	17.212

TEAMS

1	Trent Park	18
2	Ealing, Sthl. Mdx	31
3	Dacorum & Tring	43
4	London Heathside	49
5	Shaftesbury Barnet	50

Special 50th Anniversary Race

Senior Veteran Men & Women 4700 metres

1	Eric Fowler	Barnet & District	16.39
2	R. Nanali	Ealing Southal & Middx	17.03
3	Jo Kent	Barnet & District	17.28
4	Ed Simmons	Trent Park	18.03
5	Paul Daly	Bracknell	18.21
6	Al Enser	Bracknell	19.02
7	Richard Bate	Cookham	19.33
8	David Ridley	Cookham	19.34
9	Ruth Miller	London Heathside	21.30
10	Russell Weston	London Heathside	21.30
11	Helena French	Ealing, Sthl. Middx	22.12
12	Stuart Dawson	Cookham	